

## **Frank Grant**

**Marital Status:** Married, three children.

**Current Employment Status:** Independent Child Care Consultant

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### **Professional Qualifications:-**

1977 Cert. In Youth & Community Work - University of Durham.  
1986 C.Q.S.W. - Newcastle-Upon-Tyne Polytechnic.  
1993 Cert. In Social Work Counselling Skills.  
2003 Cert. Ed.

### **Ancillary Personal Training:-**

Psychotherapy (Transactional Analysis) 3 years. (Part time)  
Mountaineering Instructors Award (Glen More Lodge) [training]

### **Ancillary Qualifications:-**

Accredited Advanced Instructor of Team Teach Behaviour Management Strategies.  
Accredited Expedition Assessor for Duke of Edinburgh Award (Cumbria Panel).  
Mountain Leadership Award  
A.P.I.O.L. [Accredited Practitioner of The Institute for Outdoor Learning]  
Transactional Analysis 101

### **Memberships of Professional Bodies:**

B.A.S.W. [British Association of Social Workers]  
I.T.A. [Institute of Transactional Analysis]  
E.A.T.A. [European Association for Transactional Analysis]  
A.E.E. [Association for Experiential Education]  
D.E.A [Development Education Association]  
N.O.T.A. [National Organisation for the Treatment of Abuse]

### **Ancillary Memberships:**

ISPCAN [International Society for the Prevention of Child Abuse and Neglect]  
NAIRC [National Association of Independent Resources for Children]  
C. f C. [Caring for Children]  
B.M.C. [British Mountaineering Council]  
I.O.L. [Institute for Outdoor Learning]  
RAFMA [R.A.F. Mountaineering Association]

Current Police Check through D.f. E.E.

Full driving license.

Non smoker/non drinker. **In very good health.**

### **Employment Record:**

June 1960-June 1971	-	Royal Air Force.
July 1971-Sept. 1973	-	Civil Service (Dept. of Employment)
Oct. 1973-May 1974	-	Meat Salesman(FMC Meats-Northern Ltd)
June 1974-Sept. 1975	-	Assistant Youth Leader(Evesham, Worcs)
Oct. 1975-July 1977	-	University of Durham(Youth & Community Worker Cert) Easter 1976 Camp Leader YMCA Lakeside. 1976 Temp. Activities Instructor YMCA Lakeside(South Camp). Easter 1977 Temp. Activities Instructor Dukeshouse Wood Centre.
Aug. 1977 - Oct.1979	-	Activities Organiser & Instructor-Sutcliffe House Residential Centre. Cumbria Social Services Dept.
Nov. 1979 - Sept. 1981	-	Youth & Community Centre Manager-Fisherrow, East Lothian Community Education Dept.
Oct. 1981 - Sept. 1988	-	Senior R.C.C.O./Deputy i/c Mill House Assessment Centre, Cumbria Social Services Dept.
Oct. 1988 - March 1990	-	Unit Coordinator-Arrow Project, Plumpton, Cumbria.
April 1990 - May 2003	-	Director of Care/Staff Training & Development, Cherry Tree Children's Resources Ltd.
June 2003 – Current	-	Feelance Professional Development Trainer & Child Care Consultant.

### **Professional Experience-Working with Young People( in brief):-**

#### **Individual and group work with young people who:**

- i) present self-harming behaviour,
- ii) present behaviour issues for residential workers,
- iii) have low self esteem and self worth,
- iv) are deemed disadvantaged in some way,
- v) have been victims of childhood abuse,
- vi) have prostituted themselves,
- vii) are street children('latch key' children),
- viii) are victims of familial paedophilia.
- ix) were displaced from their country of birth(Asian youths who were ejected from Kenya)
- x) were deemed anti social(Hell's Angles-Brighton & Hove Chapter)
- xi) were disenfranchised from their community/family, society in general.
- xii) were sexually aggressive

*This work was carried out with young people in youth clubs and community centres, in residential establishments and outdoor activity centres using group work and a wide variety of outdoor activities.*

#### **Some Major Workshop Deliveries:**

Chicago – Issues for those adults working with victims of child sexual abuse.  
Oslo – Self-Harming Behaviour among Disenfranchised Young People.  
Stockholm – Working with Disaffected Young People in Care.  
Victoria BC – Learners and Learning & Duty of Care.  
Turkey – Therapeutic Recovery Work with Sexually Abused Victims.  
Czech-Republic – Child Protection and Sexually Aggressive Young People.  
Field Studies Council UK – Duty of Care and Child Protection issues.  
St. Martin's College, Ambleside – Therapeutic Adventure and Adventure Therapy approaches.  
IOL (Northern Region) Heads of Centres – Duty of Care and Child Protection issues.  
AEE Annual Conference (Vancouver BC) Adventure Therapy versus Therapeutic

#### **Future Major Workshop Deliveries**

Adventure and pre-conference workshop on Duty of Care and Child Protection issues.  
January 2006, AEE Therapy Conf.: Utilising Nature as a Metaphor for Healing and Recovery from Childhood Trauma.

### **Outdoor Activity Instructor Role:-**

- 1974/75 Llanrug Outdoor Centre(North Wales) [Temp]  
1975 Durham University-MLC to students. [Freelance]  
Northern Sports Council (Rock Climbing Courses)[Freelance]  
1976 YMCA Lakeside [Temp]  
1977-79 Residential Intermediate Treatment Centre. [Full time]  
1979-81 Youth Centre groups.  
1981-88 Residential Assessment Centre group activities.  
1992-02 Residential clients[As part of School Recreation and Leisure programme]  
1992-99 D of E Expedition Supervisor. [Part Time]  
1999 - Assessor for D of E Gold Expeditions

Trekking youth groups to Nepal: 1997, 1998, 2000

### **Adventure Activities for Personal and Instructional Purposes:**

#### **Hill Walking/Mountaineering(UK) Since June 1960: Still very active.**

Dartmoor, Exmoor, Cheviots, Lake District, Pennines, North York Moors, Malverns, Brecon Beacons.  
Scotland (includes Skye, Hoy, Orkneys), Wales (north and south), Eire.

#### **Hill Walking/Mountaineering(Abroad) Since 1957: Still very active.**

Malta, Sicily, Nordhorn (Northern Germany), Canadian Rockies, Nepal Himalaya.  
Switzerland (Eiger-Mittleggi Ridge) – Breithorn – Jungfra Joch – Monta Rosa.

#### **Rock Climbing since 1957: Still very active.**

Malta-Gozo-Comino, Himalaya, Canadian Rockies, North & South Wales, Hay Bluff, Dartmoor, North York Moors, Northumberland, Lake District, Scotland (including Sky, Hoy), Cheviots, Eire, Cornwall, Pennines, Derbyshire.

[New Routes: Lakes, Reiff & Stac Poly {Scotland}, Malta.]

#### **Caving/Pot Holing since 1974: Mildly Active.**

Previous Hon. Sec. British Association Caving Instructors (1981-86).  
Scotland, Derbyshire, North Yorks. South Wales, Eire.

#### **Mine Exploration since 1974: Mildly active.**

North & South Scotland, Lakes, Northumberland, North & South Wales.  
Notable Trip: 1976 trip with Pete Crew down all 26 levels of Dinorwic Slate mines in Wales.

#### **Canoeing since 1959: Now inactive except for Canadian open.**

Sea canoeing around Malta, Menai Straits, numerous river trips Lakes & Northumberland.

### **Published material:-**

- 1992 "Silent Victims" A book for students and lay people looking at the Issues and Consequences of Child Sexual Abuse.  
1996 "Thoughts & Feelings [Poetry written between 1965 & 1995]  
1999 "Lyrical Lakeland" [Myths & Legends of Old Cumbria in verse]  
2002 Published articles- Horizon (Institute for Outdoor Learning)  
"Learners and Learning" – Issue 18 Summer  
"The Incident" – Issue 19 Autumn  
"Child Protection" – Issue 20 Winter 2002  
"Dealing with Aggression and Violence in the Workplace" – Issue 21 Spring 2003  
"Therapeutic Applications in Adventure Activities" – Issue 22 Summer 2003  
"Snow Formation and its Properties in Relation to Avalanches" – Issue 23  
2004 "Pandora's Box Re-Opened" Report on 3 pieces of research into self-harming behaviour by young people paying due regard to child sexual abuse. 198 pages. Illustrated.  
2005 "The Skilled Practitioner" A look at a practitioner's learning and skills with work with children and young people at risk.

### **Books in Manuscript Form:-**

"The Flightless Albatross" – The adventurous life of a nobody.